



Extension Care Guide

Washing Your Hair

1. Before jumping in the shower, make sure you fully brush out your hair. This will help prevent extra tangling during the washing process and also ensure the hair will be evenly cleansed.
2. Dampen all of your brushed out hair with lukewarm water and a **sulfate-free/paraben-free salon quality** shampoo. Avoid "scrubbing" and rubbing the ends together to prevent tangling. Pull the shampoo straight down through the ends. Rinse thoroughly (this may take some extra time!)
3. Next, add conditioner throughout and leave in as directed, or about 5 to 7 minutes. Extensions need to stay hydrated so make sure to condition every time you wash!
Make sure you have enough time to thoroughly complete this process! Washing extensions takes more time when done correctly and I don't recommend rushing the process.

Drying Your Extensions

1. Start by gently squeezing out the water with your hands, then wrap a cotton towel around your ends and continue squeezing out as much water as you can. I recommend getting a special microfiber hair towel to help cut down on frizz!
2. Detangle your hair with a wide tooth comb or a soft bristle brush (like a Wet Brush). Always hold your hair at the installation point with one hand and gently brush your hair with the other - starting at the ends and working toward the top. This will help alleviate additional stress on the points of contact and keep your natural hair healthy.
3. Blow dry on low/medium heat in sections using your brush. Do not "rough dry" or flip your head upside down to dry. This will create major tangles!

Styling Tips and Recreational Care

- Extension hair can be styled with a wet brush or boar bristle brush, and heat tools such as a flat iron or curling iron. I recommend low heat, around 320 degrees or less.
- It is imperative that you brush your extensions daily, preferably multiple times a day, to keep them tangle free. Always hold the base of the scalp where the extensions are attached when brushing.

Sleeping:

Before going to bed, loosely braid your hair and secure with a scrunchie. The loose braid will help keep a curled style looking good in the morning and will also prevent you from tangling your hair or pulling on it at night. I recommend sleeping on a silk pillowcase. Please do not go to bed with wet extensions.

Summer Care:

- Keep sunscreen far far away from your extensions, especially blondes! The chemicals can cause your extensions to turn **pink or orange**. Avoid aerosol sunscreen and put your hair up when applying. Stick to vegan or all-natural sunscreen to prevent discoloration (I recommend baby sunscreen).
- Avoid getting your hair in chlorine or salt water, if possible. Before swimming, follow these steps:
 - Wet your hair with clean water before entering the ocean, lake, or pool. Add conditioner.
 - Comb and braid it tightly.
 - Rinse immediately after getting out of the water. For an extra measure of care - wash with a clarifying shampoo to remove all impurities.

Recommended Products

I recommend using a Shampoo, Conditioner, Hair Mask, and a leave-in conditioner/heat protectant. Less is more when it comes to styling products. You don't want to use anything that will build up and making washing difficult. The main thing extensions lack is hydration, so use products that are moisturizing to keep the hair feeling soft.

Kevin.Murphy

Hydrate.Me Wash
Hydrate.Me Rinse
Hydrate.Me Masque
Un.Tangled
Staying.Alive

Loma

Nourishing Shampoo
Nourishing Conditioner
Deep Conditioner
Nourishing Oil

Brazilian Professionals

Extension Repair Shampoo
Extension Repair Conditioner
Ionic Extension Refresh

